The MERIT Program

MERIT: Motivating and Empowering Recovery through Integrated Treatment

Empowering recovery. Building resilience.

The MERIT Program offers comprehensive, integrated treatment and recovery services for **individuals currently experiencing — or with a history of — stimulant use and homelessness.**

Our person-centered approach helps participants build stability, strengthen recovery, and move toward a healthier, more hopeful future.



Get Help Now!

For confidential referrals or information: MERIT@harborcarenh.org

(603) 816-8969

Services available at 45 High Street, Nashua, NH 03060, and throughout the community.

Harbor Care

HOUSING • HEALTHCARE • VETERAN SERVICES



Our Services

Treatment services are individualized, based a on a person's unique needs and may include:

- Weekly Case Management Sessions
- Relapse Prevention
- Matrix Model
- Seven Challenges
- Care coordination
- Access to recovery housing
- Recovery support and recovery coaching services
- Employment navigation (resume building, interview preparation, etc.)
- Benefits and insurance navigation
- Substance use treatment services
- Primary care, medication assisted treatment, behavioral health services
- Family support and services