

HOST: NH FIRE ACADEMY AND EMS



OCT 1, 2026



6-9 PM



RAYMOND S. BURTON
TRAINING FACILITY, 660
TRUDEAU RD., BETHLEHEM, NH



Suicide Prevention Training For First Responders

Saving Our Own

Designed for law enforcement and first responders, this training teaches how to recognize when a colleague may be struggling and how to apply the 3-step QPR intervention to support one another and connect peers to lifesaving help.

Are you 'Asking the Question?' Learn how asking about military service can enhance your ability to best support service members, veterans, and military families!

- ✓ Increase awareness of stigma and understand suicide as a public health issue
- ✓ Understand common myths and facts surrounding suicidal behavior
- ✓ Recognize and identify common risk factors and warning signs of suicide
- ✓ How to Question, Persuade and Refer someone who may be suicidal

This training offers FREE LADC 3.0 CE's and NASW NH 3.0 Category A CE's in Suicide Prevention (NASW NH CE # 4341)

For further information about the training,
email a.baer@harborcarenh.org

**Training counts toward
first Responders training hours.**



LIMITED SEATING. This is a **FREE** training taught by our certified QPR instructor.

REGISTER NOW!

Contact Deborah Pendergast, 603-496-6490,
deborah.a.pendergast@dos.nh.gov



Harbor Care

HOUSING • HEALTHCARE • VETERAN SERVICES

**SSG Fox Suicide Prevention
Grant Program**