

# The MERIT Program

*MERIT: Motivating and Empowering Recovery through Integrated Treatment*

**Empowering recovery. Building resilience.**

The MERIT Program offers comprehensive, integrated treatment and recovery services for **individuals currently experiencing — or with a history of — stimulant use and homelessness**.

Our person-centered approach helps participants build stability, strengthen recovery, and move toward a healthier, more hopeful future.



## Get Help Now!



For confidential referrals or information:  
[j.sherkanowski@harborcarenh.org](mailto:j.sherkanowski@harborcarenh.org)



(603) 816-6382



Services available at 45 High Street, Nashua, NH 03060, and throughout the community.



## Our Services

Treatment services are individualized, based on a person's unique needs and may include:

- Weekly Case Management Sessions
- Relapse Prevention
- Matrix Model
- Seven Challenges
- Care coordination
- Access to recovery housing
- Recovery support and recovery coaching services
- Employment navigation (resume building, interview preparation, etc.)
- Benefits and insurance navigation
- Substance use treatment services
- Primary care, medication assisted treatment, behavioral health services
- Family support and services