



Photo by David Lane/NH Union Leader

2025 IMPACT

Breaking the cycle of homelessness through housing, healthcare, and veteran services.



In 2025, Harbor Care helped **5000+** individuals and families access housing, healthcare, veteran services, and other vital care.



1,000+ individuals & families accessed and maintained stable housing.

9 out of 10 individuals moved into permanent housing with support services **don't fall back into homelessness.**



2,331 individuals received primary, mental health, dental and substance use care, including **\$1.4+ million in free** care provided.

Coordinated care for **224** individuals with HIV/AIDS, achieving **95%** viral suppression rate, far exceeding national average.



642 veterans and families accessed stable housing, mental health care, and suicide prevention.

Employment services helped **97** veterans back into the workforce.



"I'm 41 years old, and I've never really had my own place. **Getting that apartment meant everything to me.**"

- Mike

96% of individuals moved into permanent housing with support services didn't fall back into homelessness.

Mike's close-knit family life began to unravel in his late teens, after he first tried OxyContin – a turning point that led to heroin use, repeated stints in rehab, and years spent drifting in and out of homelessness. Addiction cost Mike his job, home, and stability for more than a decade.

After surviving two overdoses in one night, he found a new path through Harbor Care's integrated housing, recovery, and healthcare. Today, Mike is sober, stably housed, employed, and working to help others find recovery.

[Read Mike's full story on our blog at harborcarenh.org/Mike](https://harborcarenh.org/Mike)



131 mothers and their children accessed critical substance use treatment and wraparound care at the Cynthia Day Family Center.



"You're never cured. You always have to keep working on your recovery. I have a lot more hope for where my life is going."

- Ashley

When Ashley was prescribed opioids after an emergency C-section, medical treatment slowly turned into dependency. She fought back, experiencing years of sobriety. Then, grief and instability led to relapse, and a custody crisis forced her to seek help.

Ashley turned to Cynthia Day Family Center, where staff supported her through court hearings, critical treatment, and rebuilding stability. She reunified with her daughter, who now lives with her at the center.

Cynthia Day Family Center is committed to helping women, like Ashley, reclaim their self-worth, rebuild their lives, and heal alongside their children.

[Read Ashley's full story on our blog at harborcarenh.org/Ashley](https://harborcarenh.org/Ashley)





In **Manchester**, **89** previously homeless veterans moved into permanent housing and **67** returned to the workforce.

“Art has helped me find my identity. **It lets me work through pain. It lets me find joy.**”

- Eric

In September 2024, Harbor Care joined Mayor Jay Ruais on an ambitious initiative to end veteran homelessness in Manchester. The effort reached a major milestone in 2025: all 47 veterans identified at the initiative’s start had moved into permanent housing. In total, 89 veterans secured permanent housing during the first fifteen months. Together, the city, Harbor Care, and community partners have built a system where veterans are being housed faster than they fall into homelessness.

These numbers reflect lives changed. One is Eric’s. After serving 12 years in the Navy, trauma led him into addiction. While living in Harbor Care’s transitional housing, Eric accessed clinical care, mental health support, and VA services. He found healing in music and art therapy. Today, Eric has his own apartment, and art continues to bring him joy and support his recovery.



ANNUAL THANKSGIVING COMMUNITY DINNER

Harbor Care welcomed nearly 300 community members to the 22nd Annual Thanksgiving Community Dinner, where guests enjoyed a warm holiday meal generously provided by The Common Man Family and served by Governor Ayotte, U.S. Senators Shaheen and Hassan, and other local leaders.

Together with volunteers and sponsors, they helped create a welcoming space where neighbors could share a meal, feel connected, and access support.



NEW HAMPSHIRE VETERAN STAND DOWN



More than 200 veterans, community partners, and supporters gathered for the 21st Annual New Hampshire Veteran Stand Down, hosted by Harbor Care alongside the U.S. Department of Veterans Affairs, Department of Labor, and dozens of community organizations at Eversource Energy Park.

The event connected veterans to housing, healthcare, employment, VA benefits, and other essential services.



THANK YOU FOR YOUR SUPPORT

We deeply appreciate the support of our community who gave generously in 2025. A detailed list of our supporters can be found at www.harborcarenh.org/2025supporters

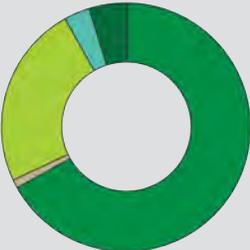
2025 MAJOR CORPORATE SPONSORS



2025 FINANCIAL INFORMATION

Revenue

Federal & State Grants and Funding	\$ 27,124,233
Philanthropy	\$ 1,364,236
Patient Services	\$ 9,593,459
Rental Income	\$ 1,875,372
Other	\$ 425,408
Total	\$ 40,382,708



Expenses

Programs	\$ 35,032,937
Administrative	\$ 7,203,197
Fundraising	\$ 502,195
Total	\$ 42,738,329



These numbers reflect the audited 2025 fiscal year (July 1, 2024 to June 30, 2025). Totals exclude depreciation.



Our vision is one where everyone gets to live safe, stable, and healthy lives, filled with purpose, respect and dignity.

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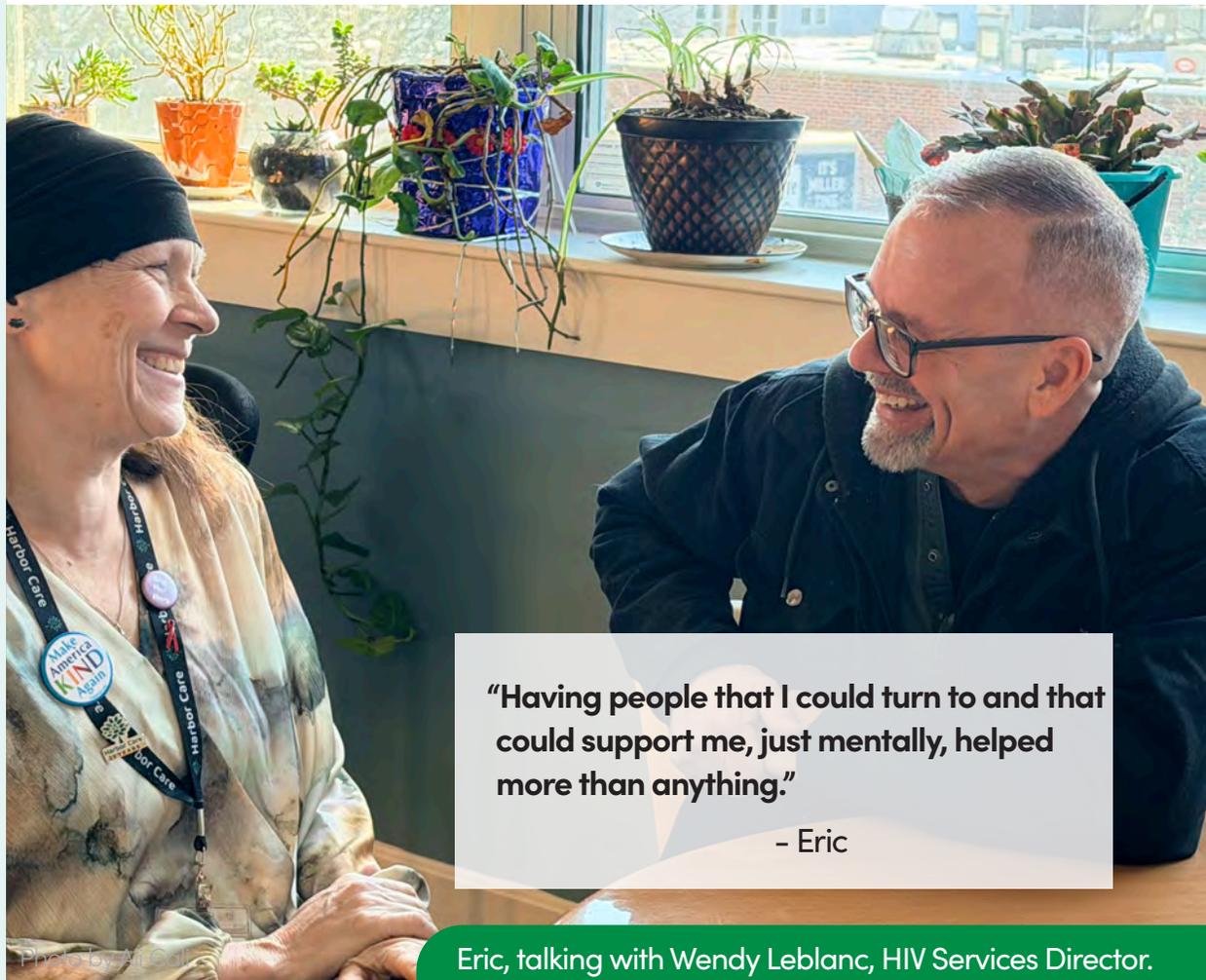
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“Having people that I could turn to and that could support me, just mentally, helped more than anything.”

- Eric

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Eric, talking with Wendy Leblanc, HIV Services Director.