



Harbor Care Happenings

Fall
2025

Helping Families Heal — Together

New Partnership Enhances Family-Centered Care

Women facing addiction often carry the weight of deep trauma — poverty, abuse, trafficking, and homelessness.

At Harbor Care's Cynthia Day Family Center, we provide a safe, healing space where pregnant and parenting women receive substance use treatment and recovery care — without being separated from their children.

This year, we launched a partnership with the Boys & Girls Club of Greater Nashua. Each day, children are transported from our center to the Club, where they enjoy enriching programs that nurture growth and joy.

While their children thrive, mothers engage in intensive therapy and care, reclaiming their self-worth and rebuilding their lives.



*"We are thrilled to be working with the Boys and Girls Club of Greater Nashua. **Their programs provide great experiences for the children in our care, bolstering our family-centered approach.**"*

- Henry Och, President and CEO of Harbor Care

Welcoming Dr. David Klebenov:

A mission-driven approach to healthcare

Harbor Care is pleased to welcome Dr. David Klebenov as our new Medical Director.

A family physician, Dr. Klebenov brings a wealth of experience, including roles at Monadnock Community Hospital, medical director for a county jail and full-spectrum care for the Navajo Nation.

As Medical Director, Dr. Klebenov will help guide patient-centered care coordination across Harbor Care's diverse programs.

*"What drew me to Harbor Care is two important things. First, to care directly for a vulnerable patient population – and second, to help a mission-driven organization improve how healthcare is delivered across programs. **It's not just healthcare here – it's housing, mental health, veteran support. That kind of integrated approach is rare and incredibly meaningful.**"*



Opening Doors: A Partnership for Youth Housing



Harbor Care is partnering with the Front Door Agency as part of their pilot program helping youth experiencing homelessness in greater Nashua. The Front Door Agency is utilizing several of our apartment units to provide transitional housing and important care coordination for seven youth age 18 to 24 who are exiting homelessness.

*"We are proud to partner with Harbor Care on this vital pilot program supporting youth and young adults experiencing homelessness in Nashua. By providing safe, transitional housing and coordinated care for young adults ages 18 to 24, we are creating a foundation for stability, growth, and hope. **This collaboration reflects our shared commitment to compassion, dignity, and opportunity for all members of our community.**"*

- Maryse Wirbal,
CEO of Front Door



Manchester Veterans Initiative: A Bold Step Toward Ending Veteran Homelessness

Harbor Care is partnering closely with Manchester Mayor Jay Ruais on his initiative to end veteran homelessness in the city by 2026. Announced at the NH Veteran Stand Down event in September 2024, the initiative unites local leaders, businesses, rental housing and service providers to support unhoused veterans identified in Manchester.

Over the past year **we have moved nearly 60 veterans experiencing homelessness in Manchester into permanent housing.** Equally important, for the first time in more than five years, the number of veterans who are moving into housing each month is greater than those falling into homelessness. Central to the success of this initiative is the EVH Manchester Fund, providing critical resources to power this mission. **Every dollar donated helps provide not just shelter, but dignity, hope, and a path forward for New Hampshire's veterans.**

We are grateful to all who have supported this effort.



Henry Och (podium), Manchester Jay Ruais (on Henry's left) and leaders of veterans groups at an Ending Veteran Homelessness event at Harbor Care's BAE Independence Hall in Manchester



Standing Together

The 2025 NH Veteran Stand Down is presented by Harbor Care in collaboration with Eversource, the U.S. Department of Labor, the US Department of Veteran Affairs, and dozens of dedicated community partners.

The Stand Down is the state's largest event supporting veterans experiencing or at risk of homelessness. This one-day resource expo connects veterans with housing, food, medical care, employment, financial assistance, and more—all in one location.

This is a great example of what's possible when a community stands united for a common cause.

NH VETERAN STAND DOWN

A RESOURCE & SERVICE EXPO FOR FORMER SERVICE MEMBERS

SEPTEMBER 19, 2025 10AM - 2PM

Eversource Energy Park, 780 N Commercial St, Manchester



Harbor Care

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Our mission is to provide vital services, including housing and healthcare, to all in our communities needing assistance.

Follow us!

harborcarenh.org



Corporate Sponsors:

Thank you to our lead corporate partners who have invested in our mission and community impact in 2025.



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Mike, Tiger, and their Road Back

Two years ago, Mike was homeless and living in his truck with his beloved dog, Tiger. Overwhelmed by hopelessness, he dropped Tiger off at a shelter with plans to end his life. But he reached out and connected with Harbor Care's SSG Fox suicide prevention team.

That night, Mike had shelter, clean clothes, and a glimmer of hope. A veteran of the war in Afghanistan, he moved into our transitional housing and reunited with Tiger. He began therapy at Harbor Care's Health & Wellness Center and slowly rebuilding his life.

Now, at 42, Mike is entering his second year at Keene State College as a psychology major. He talks of research projects and buying his first home.



"I didn't want to live. Now I want to be part of this world. If Harbor Care could save my life, I know it can work for someone else."

Faithful through it all. With Harbor Care's help, Mike found hope — and Tiger was there, just as he had always been.

More Ways to Support our Mission

Become a Monthly Supporter

Your monthly gift will provide critical support to individuals and families who rely on our services throughout the year.

Giving Through Your Will

Including Harbor Care in your will is a meaningful way the mission endures for your community.

Gift Your IRA Distribution

If you are more than 70½ years or older, you can take advantage of a simple way to support Harbor Care and receive tax benefits in return. You can gift up to \$100,000 from your IRA directly to a qualified charity such as ours without having to pay income taxes on the money.

Donor Advised Fund (DAF)

Do you have a DAF to facilitate your charitable giving? Did you know you can make organizations like Harbor Care a beneficiary of your DAF as part of your estate planning? It's simple to do. Contact your DAF administrator to establish a succession plan.